



The following is a list of personal qualities that people have. Not everyone has every quality on the list, but everyone has some of them. Read the list over carefully. Check the qualities that best fit you.

Example: ✓ I enjoy being me.
 ✓ I am an interesting person.

Remember, you don't have to check each personal quality on the list, only the ones that fit you best.

- ___ I am careful and neat.
- ___ I am dignified.
- ___ I like my extended family.
- ___ I can deal with lots of problems while working toward my goal.
- ___ I try to get ahead.
- ___ I like to get things done on my own time.
- ___ I accept rules easily.
- ___ I trust myself.
- ___ I do things in unusual ways.
- ___ I like to help out when there are cultural activities.
- ___ I like doing beadwork.
- ___ I am honest.
- ___ I like being with people.
- ___ I believe in strict rules.
- ___ I like to watch over the younger children.
- ___ I like to make jewelry.
- ___ I like variety in a job.
- ___ I like taking risks.
- ___ I am exact and right.
- ___ I like clerical jobs.
- ___ I have to feel free.
- ___ I like trapping.
- ___ I am interested in science.
- ___ I learn math easily.
- ___ I like to draw.
- ___ I am creative.
- ___ I look at things from all sides.
- ___ I like to go on a fast.

- ___ I like to have tough problems to think about.
- ___ I solve problems in an orderly way.
- ___ I love art.
- ___ I love music.
- ___ I have to keep active.
- ___ I like baking.
- ___ I am good at simple tasks.
- ___ I know the meaning of lots of words.
- ___ I am tuned in to what's happening in my community.
- ___ I am sure of myself.
- ___ I am carefree.
- ___ I like being around my grandparents.
- ___ I think before acting.
- ___ I am open to information about my faults.
- ___ I am patient.
- ___ I am relaxed.
- ___ I like cooking.
- ___ I like powwow dancing.
- ___ I like powwow drumming and singing.
- ___ I have my feelings under control.
- ___ I am outgoing.
- ___ I work best by myself.
- ___ I don't pass judgment on others before I get to know them.
- ___ I like my uncles and aunts.
- ___ I am friendly and cheerful.
- ___ I move about easily.
- ___ I am quick with my brain.
- ___ I like children.
- ___ I enjoy relaxing and having fun.
- ___ I like camping in the bush.
- ___ I like hanging around with my siblings.
- ___ I like business.
- ___ I am physically strong.
- ___ I like to live by a schedule.
- ___ I like to be admired.
- ___ I am spiritual.
- ___ I like to be with my elders.
- ___ I like to fish.
- ___ I can sew.
- ___ I can paint.
- ___ I enjoy hunting.
- ___ I can speak my language.